



The
British
Psychological
Society

Chartered Psychologist

SDS Small Group Workshops "Every Voice Heard"

One-day practical course in a small group with lots of opportunities to discuss YOUR experiences and problems in this area, to get direct advice from a tutor and meet colleagues working in this area.

SDS Workshops
Every Voice Heard



New Approaches To Grief & Loss Work

New Course

Grief Counselling and Grief Therapy have been strongly influenced over the last thirty years by the work of Elizabeth Kubler-Ross. However, over the last decade in particular new therapeutic perspectives have developed, which along with recent research have challenged some of the commonly held assumptions about grief & loss work.

Understanding the Complex Nature of Grief

- ✓ From bereavement to disability - how different losses raise different issues
- ✓ 7 key factors determining a client's loss experience
- ✓ Contributions of new psychological theories – from Stroebe's Dual Process Model to the contribution of Positive Psychology

Working Effectively with Complex Grief Problems

- ✓ Specific issues relating to traumatic and multiple losses
- ✓ Distinguishing "normal" and "pathological" grief
- ✓ Working with "obsessional review" problems
- ✓ Managing recurrent anger and guilt within grief reactions

Real Cases and Real Outcomes ****NEW****

- ✓ Explore actual cases, decide on strategy and then learn what actually happened to individuals
- ✓ Explore how cases develop over time and how this effects both risk assessment and management

Therapeutic Interventions

- ✓ Developing a therapeutic strategy in grief work – options and when to avoid grief therapy
- ✓ Brief Solution techniques for working with grief reactions
- ✓ The use of the BARB technique for anger management in loss reactions
- ✓ Helping clients to restructure their view of themselves after loss
- ✓ Managing dependency and endings

"I would do an SDS course again based on the quality of today's event. Well organised and delivered, all very professional." C.H., Therapist, Nottingham

NB! This course is available as in-house training. For details call 0870 241 7294.

- ✓ Course Leader: Paul Grantham, Consultant Clinical Psychologist
- ✓ Choice of dates and venues
- ✓ Quality workshop materials
- ✓ Comprehensive further reading and resources list
- ✓ Suitable for CPD and PREP
- ✓ Certificate of Attendance
- ✓ Lots of opportunities for raising questions and discussion with tutor and colleagues
- ✓ Post-workshop case support and consultancy available

Book NOW!

Price only **£125** + VAT



Dates & Venues

22 OCTOBER 2009
The British Psychological Society,
London



Skills
Development
Service Ltd



www.skillsdevelopment.co.uk

Course tutor: Paul Grantham *Consultant Clinical Psychologist*, is a clinical psychologist with extensive NHS, Social Services and training experience. He has worked extensively within the NHS and has trained staff in health care, social services, local governments and education around the UK. He has written on a range of therapy and helping issues. He has a particular interest in why people do NOT change and currently focuses on overcoming obstacles to behaviour, emotion and attitude adaption in clients. An extensively informed, clinically experienced and humorous speaker he is known for his emphasis on the practicalities rather than just the theory of client-based work.



Booking Conditions

Booking constitutes a contract.

Course fee

- UK: £125 + VAT (£143.75) per delegate to include refreshments and course materials.
- **Block bookings:** Groups of 4 or more save £5 per person - IF all applications are made in a single envelope with a single authorisation letter or payment.

How to book

DETACH the booking form below (photocopies acceptable) and either:

- Send with a cheque for £143.75 made payable to The Skills Development Service Ltd to: SDS Ltd, P.O. Box 254, UCKFIELD, TN22 9BN
- Send OR Fax: 0870 199 1838 with LETTER OF AUTHORISATION or purchase order from employer showing name & address to send invoice to.
- Telephone: 0870 241 7294 giving credit card details.
- Web: www.skillsdevelopment.co.uk giving credit card details.
- No provisional bookings taken.

Cancellations

- Cancellation in writing up to 14 days prior to the course leads to a refund minus a £15+VAT admin fee (or a full credit note for a future course – optional).
- Cancellation in writing up to 7 days prior to the course leads to a credit for a future course minus a £15+VAT admin fee.
- Cancellations less than 7 days before the event or failure to attend on the day will leave the individual who is invoiced fully liable for payment. No refund will be made in such instances either. We recommend insurance is taken out to cover such eventualities.
- SDS reserves the right to substitute trainers and/or move venues or postpone and reschedule courses in exceptional circumstances. If you are unable to attend the rescheduled event you will be given a full credit for a future seminar.

To change delegates or locations: Delegates may be substituted at any stage prior to the course as long as SDS Ltd are notified beforehand. We will also change locations if the newly preferred venue is not already full.

Visit our website for further information on this and other courses, to download the application forms for this or other courses, to book your place or to check availability - *It's updated daily!*

- - - - - Booking Form - - - - -

New Approaches To Grief & Loss Work

COURSE DATE _____ **COURSE LOCATION** _____

DELEGATE NAME _____

JOB TITLE _____

ADDRESS _____

_____ **POST CODE** _____

TEL No: _____ **FAX No:** _____

E-MAIL: _____