



Quality Training in Psychological Skills for over 20 Years

The Skills Development Service Ltd presents:

Skills for Clinical & Case Supervision

A practical one day course for those who supervise the clinical and casework of others

"I am safe in the knowledge that I have been going along the rights lines, but I now have additional tools in my kit to make supervision more interesting.

I feel better that I have a structure to work to and a way of reflecting upon supervision sessions.

Thank you, this has been very useful training, I shall now try to tactfully recommend this to my supervisor!"

L.C., Chartered Forensic Psychologist

What Exactly Should I Be Doing as a Supervisor?

The way in which we supervise is often decided by our own experience as supervisees or by the style of those around us - rather than from a clear understanding of the process. Delegates will be introduced to a number of recent models of supervision which will help clarify their thinking. During the course of the day, delegates will develop an understanding of what their role should be along with the skills needed to make it happen.

Practical Problems and Practical Solutions

A range of practical problems are explored and resolved:

- What are the most helpful types of question to ask supervisees?
- How do I give feedback in supervision?
- How do I balance professional responsibilities with a developmental/supportive roles?
- What about supervision records?
- What is the role of confidentiality in supervision?

What Should My Supervision Meetings Consist Of?

Delegates will learn how structure supervision meetings to meet supervisees' needs. Making supervision stimulating, and balancing informal and formal supervision. Other issues also include structuring group supervision?

Common Supervisory Dilemmas

Delegates will explore and learn how to deal with common supervisory dilemmas such as: - The supervisee who does not wish to develop - What to do with third party information regarding supervisees' practice - How to deal with caseload management - What if the supervisee is more experienced than the supervisor ?

Dates & Venues:

08 November 2011

London

The British Psychological Society

FREE CD-ROM for each delegate

With PowerPoint presentation handouts, reading & reference lists, photocopyable worksheets, checklists, and forms to use immediately with your clients



www.skillsdevelopment.co.uk





Chartered Psychologist

Course tutor: Paul Grantham, B.A. (Oxon), M.Sc., M.Clin.Psychol., BABCP (Accred), is a clinical psychologist with vast clinical and training experience. Having originally taken a degree in history at Oxford University, Paul chose to make Psychology his professional career and took an MSc degree in Psychology at Sussex University followed by training as a Clinical Psychologist at Liverpool University. He has worked extensively within the NHS for many years as a clinical psychologist including primary care, mental health, forensic, substance misuse and physical health and has trained staff in health care, social services, local government and education around the UK and abroad. Paul has a particular interest in people motivation for change, resistance and reasons of why people do NOT change and currently focuses on practical applications of resource based therapies. He has presented and written on a range of psychological issues.

Paul is registered with the HPC, an Associate of The RSM and is an Accredited CBT Therapist. An extremely informed, clinically experienced and humorous speaker he is known as one of the most popular and inspirational tutors in the field of psychological skills training.

Booking Conditions

Booking constitutes a contract.

Course fee

- **Early Bird Booking Price: £115 + VAT (£138)** per delegate to include refreshments and course materials. (1 month prior to event). Regular Price: £140 + VAT (£168)
- **Block bookings:** Groups of 4 or more save £5 per person - IF all applications are made together at the same time.

How to book

DETACH the booking form below (photocopies acceptable) and either:

- Send with a cheque made payable to The Skills Development Service Ltd to: SDS Ltd, P.O. Box 254, UCKFIELD, TN22 9BN
- Send OR Fax: 0870 199 1838 with LETTER OF AUTHORISATION or purchase order from employer showing name & address to send invoice to.
- Telephone: 0870 241 7294 giving credit card details.
- Web: www.skillsdevelopment.co.uk giving credit card details (**Online Discounted Price £115 + VAT (£138)** applies at all times).
- No provisional bookings taken.

Cancellations

- Cancellation in writing up to 14 days prior to the course leads to a refund minus a £15+VAT admin fee (or a full credit note for a future course – optional).
- Cancellation in writing up to 7 days prior to the course leads to a credit for a future course minus a £15+VAT admin fee.
- Cancellations less than 7 days before the event or failure to attend on the day will leave the individual who is invoiced fully liable for payment. No refund will be made in such instances either. We recommend insurance is taken out to cover such eventualities.
- SDS reserves the right to substitute trainers and/or move venues or postpone and reschedule courses in exceptional circumstances. If you are unable to attend the rescheduled event you will be given a full credit for a future seminar.

To change delegates or locations: Delegates may be substituted at any stage prior to the course as long as SDS Ltd are notified beforehand. We will also change locations if the newly preferred venue is not already full.

Visit our website WWW.SKILLSDEVELOPMENT.CO.UK for further information on this and other courses, to book your place or to check availability - *It's updated daily!*

- - - - - Booking Form - - - - -

Clinical & Case Supervision Code: NAM

COURSE DATE _____ COURSE LOCATION _____

DELEGATE NAME _____

JOB TITLE _____

ADDRESS _____

_____ POST CODE _____

TEL No: _____ FAX No: _____

E-MAIL: _____

Please check your e-mail address carefully – your CONFIRMATION LETTER will be e-mailed to you to this address!