



The Skills Development Service Ltd presents
a one day training course:

Skills for Working with Personality Disorders

A practical one day course to enable you to work more effectively
with clients with a personality disorder (PD) diagnosis

What will the delegates take away from the course?

- An understanding of what “personality disorder” (PD) is, along with issues of controversy surrounding it
- A 2 step guide to professional behaviour when working with PD clients – in whatever context
- Intra- and inter- team responses to PD – protocols and guidelines
- Therapeutic approaches for working with PD – differences and similarities to working with other client groups
- Working successfully with lying, manipulation and threat

How would you deal with the following ?

- Peter (43 yrs) has a diagnosis of Antisocial Personality Disorder. He perceives any demands made on him as irrelevant and oppressive and attempts to bully in all his relationships.
- Donna (27 yrs) has a history of multiple abuse and a diagnosis of Borderline Personality Disorder. She describes her life as being like “a ball in a pin-ball machine” over which she has no control. Her behaviour is frequently chaotic and dependant.

This day will give you ideas on how to approach these and many other difficult cases in new and constructive ways

- Course notes, guided reading list and protocols
- Certificate of Attendance
- Suitable for CPD and PREP
- Demonstrations of techniques
- Lots of opportunities for raising questions and discussion with tutor and colleagues
- Post-seminar case support and consultancy available

Available for In-house Training
Book now and take advantage of our unique SPECIAL OFFER
see overleaf for details

Skills for Working with Personality Disorders

Course Outline:

(All times may vary depending on arrangements of your organisation)

09.30 Registration

10.00 Introduction

10.10 Personality Disorders - myths & legends and the nature of the problem

11.15 Refreshments

11.30 Personal/Professional guidelines for behaviour

12.15 Team and interagency responses to personality disorders

13.00 Lunch

14.00 Intervention strategies and techniques (1)

15.15 Refreshments

15.30 Intervention strategies and techniques (2)

15.45 Cognitive techniques with personality disorders

16.15 Strategies for personal support

16.30 Finish

SDS In-House Training

How to Book



- Call us on 0870 241 7294 or e-mail us on info@skillsdevelopment.co.uk briefly outlining your needs and providing us with your full address and contact telephone number.
- A written quotation, booking conditions and an outline of the proposed training will be sent to you within 48 hrs.
- If the topic you are interested in is not on our list, one of our training consultants will get back to you within the next two or three days to discuss your requirements.
- Please recognise that because of high demand, forward planning of between three and twelve months is often required. So please book your in-house training in advance and we will do everything possible to accommodate your needs.

Special Offer only for In-House Customers

- With every in-house day you have with us – we will issue a voucher enabling one person from your organization to attend one of our seminars completely **FREE**.
- You receive this voucher immediately after your in-house training day will have taken place.
- This is a unique opportunity for your staff to try our new topics totally free and for your organization to get “first hands” feedback on our new courses.



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